Dear member,

Welcome to the first edition of the IFSP E-Newsletter. This publication is produced by Sports Physiotherapy Australia and will be published four times throughout the year. The aim of this newsletter is to keep IFSP members around the world up to date with international Sports Physiotherapy (physical therapy) issues. Each edition will feature a handful of topical stories along with links to each of the member countries so readers can not only select their home country to see what’s happening but also view the other member countries and get an international perspective on the profession.

Regards,

Mike Griffin
Sports Physiotherapy Australia
National Manager

Featuring within this newsletter:

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**Journal of Orthopaedic and Sports Physical Therapy**

The Journal of Orthopaedic and Sports Physical Therapy (JOSPT) is now recognized by IFSP as an "Officially Recognized Journal"
Individual members of the IFSP Member Organizations are entitled to a 15% discount on standard subscription rates for the journal. In addition, the executive board of each IFSP member organization may contact JOSPT directly to discuss the option of providing the online version of JOSPT to its members at a discounted rate. For more information use the following link www.jospt.org/about.cfm

Sports Physiotherapy for All

The Sports Physiotherapy Competencies, developed by the SPA project, were accepted at the IFSP General Meeting in November 2004 after an external review process which included sports physiotherapists, experts and advisors, employers and sports organisations in Europe, USA, New Zealand and Australia.

Further development is now underway with the production of Sports Physiotherapy Standards. At the IFSP General Meeting, a short presentation of the Standards was given by Dr Cathey Bulley, the project’s research officer who is from Queen Margaret University outlining what standards are and how they can be used. It is remarkable that only 1½ years after the start of the Sports Physiotherapy for All project, five universities from Norway, Austria, the UK, Belgium and the Netherlands, have started or will be starting in the near future, Sports Physiotherapy programmes on a MSc level, using the IFSP Sports Physiotherapy Competencies and Standards as a reference. This shows that the SPA project serves the needs of our members.

The third draft of the Sports Physiotherapy Standards was accepted by unanimous vote at the IFSP General Meeting on the 21 June 2005. The second draft of the Sports Physiotherapy Standards Document was completed by Dr Cathy Bulley after being open for public comment. The first draft was reviewed by the core group of the SPA project and a group of experts and advisors to the SPA project between 25 February and 18 March 2005. You may find their names in the Sports Physiotherapy Competencies Document on the SPA website: www.sportsphysiotherapyforall.org/publications

Currently the focus of work has now shifted to the development of the Audit Toolkit. This work package of the project is now almost ready for testing. Please keep checking the website for further developments.

Meet your Committee Members

Ms Laetitia Dekker-Bakker – President

International Federation of Sports Physiotherapy (IFSP), Netherlands
Contact
laetitia.dekkerbakker@quicknet.nl

Academic achievements
MSc in Strategic Management in the non-profit sector, University of Utrecht, Netherlands, 1995

Work experience
Laetitia’s current position is President of the International Federation of Sports Physiotherapy (IFSP). She has held this position since 2000. Furthermore, she owns a private physiotherapy practise in Amstelveen (Netherlands), where she practices physiotherapy part time. In this practice, 4 other physiotherapists also work. On top of this, she is a management consultant and project manager for various (inter)national projects in Healthcare, Education and Sports.

Sports Physiotherapy for All is one of those projects, for which Laetitia is Project Manager. Although the post is not a full time position, her dedication certainly is! Her main responsibility is delivering all project outputs on time and within the budget. This includes dissemination of results to the wider physiotherapy community, and ensuring that the project has the intended impact described in the project proposal.

Other experience
Laetitia Dekker-Bakker started her private physiotherapy practice in 1977 at the age of 22 years young. From the very start of her career, she has been interested in improving the quality of physiotherapy – not only on the level of patient care, but also in enhancing the position of physiotherapy in society. For this reason, she has served on the Executive Boards of Sports Physiotherapy professional organisations in the Netherlands. The ‘jewel in the crown’ has been the establishment of IFSP as worldwide organisation.

Through her work with IFSP, she has learnt that across the globe, physiotherapy often lacks respect and recognition of national governments, decision making bodies and other health care providers. The key to improving the position of physiotherapy will be evidence based practice, high core standards, and Masters level education.

This is exactly what the SPA project is all about and why she is thrilled that funding for Sports Physiotherapy for All (SPA) was granted by the EU Leonardo da Vinci Programme.

Laetitia’s personal challenge is to engage all 24 project partners as much as possible with the project. This will involve building trust between people with different cultures and backgrounds - people who most of the time operate as a virtual team and only meet a couple of times a year.

Mrs Jan Smith – Secretary

International Federation of Sports Physiotherapy (IFSP), Australia
Contact
tulips@powerup.com.au

Academic achievements
1984 Bachelor of Physiotherapy University of Queensland
1990 Master of Physiotherapy Studies (Manipulative Physiotherapy)
2000 APA Sports Physiotherapist

Work experience
Private practice Lifecare Taringa and Campus Physiotherapy and Pilates
Back Stability Clinic Mater Hospital
Sessional work at the Queensland University of Technology, Creative Industries Department

Other experience
Represent Sports Physiotherapy Australia on the Australian Physiotherapy Association National Advisory Council
Represent Sports Physiotherapy Australia on International Federation of Sports Physiotherapists

I believe that the focus of physiotherapy needs to be international as well as local. Sports Physiotherapy Australia through the Australian Physiotherapy Association has much to offer the international community and vise versa learn from other physiotherapists across the world. My aim is to contribute in a meaningful way to this exchange of ideas and information.

GÜL BALTACI, PT.Ph.D.FACSM

International Federation of Sports Physiotherapy (IFSP), Turkey

Contact

Academic achievements
Professor, Hacettepe University
School Of Physiotherapy And Rehabilitation
Sports Physiotherapy Unit
Ankara-Turkey

Work experience
Gül graduated from School of Physiotherapy and Rehabilitation at Hacettepe University in 1986, completed Master of Science Degree at Exercise Physiology Department in Middle East Technical University in 1990 and
Philosophy of Doctorate at Physiology Department in Gazi University Medical Faculty in 1994.

Dr. Baltaci worked at Ankara University İbni Sina Hospital as physical therapist between 1986 and 1988 years, School of Physical Education and Sports in Middle East Technical University as research assistant between 1988 and 1990 years, “Institute für Sportsmedizine” in Salzburg-Austria as exercise physiologist in 1990-1991.

Gül has an academic degree at Hacettepe University as assistant professor in 1995 and associate professor in 1997. After that, she worked at Baylor Sports Medicine Institute, Houston-Texas as “Fellow” in 1998. She won International Scholar Award belongs to American College of Sports Medicine (ACSM) and went to Baylor Sports Medicine Institute Houston-Texas as researcher for 2 months in 1999.

She is now working as a Professor at the School of Physiotherapy and Rehabilitation at Hacettepe University which is one of the finest school in Turkey. Dr. Baltaci has dedicated most of her time on teaching and specially working on research projects in subjects of sports medicine in general. She has several research papers published in various International Publications and paper presentations at the International Congresses.

Country Profile - Australia

There’s much to learn about Australia. Endless miles of un-spoilt beaches, tropical rainforest, mountain ranges and vast tracts of desert make Australia a country of contrast. Australia is the sixth largest country in the world. It’s about the same size as the 48 mainland states of the USA and 50 per cent larger than Europe, but has the lowest population density in the world - only two people per square kilometre. In addition Australia boasts over 7,000 beaches - more than any other nation. For more information about Australia visit www.australia.com. For more information about the Australia Physiotherapy Association visit www.physiotherapy.asn.au.

Australian Physiotherapy Conferences 2005

The Australian Physiotherapy Association hosts many conferences throughout the year to cover numerous area’s of specialization. Conferences include, Aquatic Physiotherapy, Musculoskeletal Physiotherapy, the International Private Practitioners conference held in Melbourne, and of course the Sports Physiotherapy Australia conference. To find out more about these conferences click "HERE".

Sports Physiotherapy Magazine – Subscribe Now

Sports Physiotherapy Australia – SportsLink Magazine
Sports Physiotherapy Australia produces a magazine called SportsLink that goes to all Australian members four times a year. The magazine sources articles for physiotherapists and other health professionals from around the globe with each edition taking on a particular theme. For example, in June 2005 SportsLink took on an Extreme Sports theme with article based on Snowboarding, SuperCross Motorbikes, Rockclimbing, Mountain Biking and many more. If you would like to subscribe to this magazine at a cost of $50.00AUD please email your interest to spa@physiotherapy.asn.au. You could have Sports Physiotherapy Australia’s premier publication delivered to your door. Upcoming editions include Knee Injuries, and Professional Sports.

Physical Therapy in Sport Journal

Published by Elsevier, Physical Therapy in Sport is an international peer-reviewed journal that provides a forum for the publication of research and clinical practice material relevant to the healthcare professions involved in sports medicine. The journal publishes material that is indispensable for day-to-day practice and continuing professional development. Physical Therapy in Sport covers topics dealing with the diagnosis, treatment, and prevention of injuries, as well as more general areas of sports medicine and related sport science. The journal publishes original research, case studies, reviews, masterclasses, papers on clinical approaches, and book reviews, as well as occasional reports from conferences. Papers are double-blind peer-reviewed by our international advisory board and other international experts, and submissions from a broad range of disciplines are actively encouraged.

The journal is indexed and/or abstracted in the following databases: EMBASE / Excerpta Medica, CINAHL, SPORTDiscus, PEDro, Science Citation Index Expanded, SMART and covered in ISI SciSearch © and ISI Focus On Sport Science & Medicine ©

Official journal of the Association of Chartered Physiotherapists in Sports Medicine and adopted by the British Association of Sports Rehabilitators and Trainers (BASRaT) as their official journal. Officially recognized by the International Federation of Sports Physiotherapy

Discounted subscription rate
IFSP individual members benefit from a 15% discount on the subscription rate for the journal at Euro 82,00 and USdollar $72.00.
This includes a print copy of the journal and online access to the journal current and previous issues.
1st World Congress on Sports Injury Prevention

Holmenkollen Park Hotel
Oslo Norway 22-26th June
www.ostrc.no/congress2005

The IFSP Symposium, which was held as part of the congress was an educational workshop on Injury Prevention held on 21st June 2005. It was a great honour for IFSP, together with the Norwegian Sports Physiotherapy Group (FFI) to be allowed to organise a pre-congress symposium to such a high quality and very successful World Congress. Special thanks go to Dr Roald Bahr for providing this opportunity. Bjorn Fossen and his team from FFI did an excellent job organising every aspect of the symposium. The scientific level and clinical relevance of the presentations was very high. About 200 people attended the Symposium, about 180 Norwegian physiotherapists and 20 from all over the world. FFI contributed significantly to the Symposium by offering no less then 3 speakers: May Arna Risberg, Grethe Myklebust and Kari Bo. IFSP contributed to the symposium through presentations of Mario Bizzini (Switzerland), Mark DeCarlo, Mike Voight (USA), Peter McNair (New Zealand) and Laetitia Dekker (Netherlands)/Cathy Bulley (SPA)(Scotland). Erik Witvrouw (Belgium), Hans Lund (Denmark) and Heather McKay (Canada) also gave excellent presentations which contributed to the symposium.

1st World Congress on Prevention of Sports Injuries

The congress provided an excellent professional development opportunity about the state of the art of Sports Medicine, including sports physiotherapy, and prevention of sports injuries. As well as many areas of the body being covered there were also sessions on many different sports. Furthermore the international congress offered the ideal opportunity to network and meet colleagues from all over the world. Mark DeCarlo and Mike Voight from the USA and Board members of IFSP deserve special thanks because they presented at both the IFSP/FFI Symposium and the 1st World Congress on Prevention of Sports Injuries. Mario Bizzini (the Swiss delegate to IFSP) also presented 2 workshops at the 1st World Congress on Prevention of Sports Injuries.